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Celebrating Our Family Meet Andy and Heidi Peabody

We were both born in San Diego and went to high that begin suddenly in the hands, calves or feet, school together but didn't know each other until a hard, tense muscles. 4th of July party in 2010. Andy and I moved here to Heat exhaustion symptoms can include: fatigue, be with my family in 2011 and we appreciate the nausea, headache, excessive thirst, muscle aches and little things that Arizona has to offer like being able cramps, weakness, confusion or anxiety, drenching to find a parking spot in front of your own house sweats, cold feeling, clammy skin, slowed or after 5:00 p.m.! I am sure that none of you even weakened heartbeat, dizziness, fainting, agitation. know what a parking ticket looks like! Heat stroke symptoms can include: nausea, Andy is a copier repair technician who can fix your vomiting, headache, dizziness, vertigo, fatique, hot giant office copiers and I am a certified medical flushed dry skin, rapid heart rate, decreased assistant. I have actually been coming to sweating, shortness of breath, decreased urination, St. Matthew UMC since I was 6 years old with my blood in urine or stool, increased body temperature. mother and my sister, Alana. I was baptized, confusion, delirium, loss of consciousness, convulsions. confirmed and married here. Andy had not ever GET MEDICAL CARE IMMEDIATELY! Any delay been to a church before St. Matthew UMC, but he is could be fatal. Take good care of yourself & others! now hooked. Andy was baptized at the same time

Articles for August Mustard Seed Due: July 15, 2015 by 8:00 a.m.

e-mail to mustardseed@stmatthewmesa.org or leave in the office mail box. (If you have photos to support your article please include them.) Please notify the church office if you **de net** want to receive the monthly newsletter by calling 480-838-7309 or email: office@stmatthewmesa.org.



The Head of the church is the Lord Jesus Christ.

The Ministers of this church are its members. Those who assist them are:

9:00 a.m.
aditional Worship
he Worship Center, ay School for children
10:30 a.m.
temporary Worship vith Communion :he Activity Center,
-
nll the church office if you tance with transportation y worship. We will help to
rdinate ride-shares (480) 838-7309.
Please join us for fellowship time on the patio after worship.

as our son, Grady which took place about 2 months ago.

In the next 5 years we would like to see doughnuts make a come back at the 10:30 a.m. Contemporary service. It is never too late in the day to eat doughnuts! There is so much you can get involved with at St. Matthew. Recently we both participated in the "Decades" talent show and raised money for our youth. I sing in the contemporary service with the Praise Band and Andy helps by operating the slides. I am also on the Staff Parish Relations Committee. As our son, Grady gets older we look forward to getting more involved at our church in the Sunday School program.

Arizona Heat Warnings for Everyone!

Heat cramp symptoms can include: severe, cramps

Page 2 - July 2015

Dear Friends in Faith,

Grace and peace to you! It is my great privilege to be appointed to serve as one of your pastors. I am excited about the opportunity we have to serve Christ together, and look forward to getting to know you. To begin that process, I ask your indulgence now in allowing me to share something of my life with you.

My husband Dan and I were both born and raised near Akron, OH. My parents and older brother Tim moved to Akron several months before I was born when my Dad accepted a job with B.F. Goodrich. My parents had met and married during World War II when my Dad, an Iowa native, was stationed at an airfield near Houston. They remained with my mother's large extended family in the Houston area for many years after the war before relocating briefly to metropolitan Los Angeles, and then moving to what was to my mother and brother, the verv cold Midwest!

In 1985 I graduated from the College of Wooster, in Wooster, OH. where I majored in Religious Studies. I spent the summer after college studying Hebrew at Princeton Theological Seminary before enrolling at Yale Divinity School, where I completed my Masters of Divinity in 1988. During the brief break between finishing at Princeton and moving to Connecticut, Dan and I married and flew to Pensacola, FL. where he began pilot training with the Navy. An already exciting time for us was made even more so when hurricane Elena hit Pensacola within days of our arrival. It then proceeded up the east coast to Connecticut. The storm did far more damage to the Divinity School than it did the Naval Base in Pensacola. I remember that due to power outages the dining hall served little other than sandwiches for what seemed like weeks!

After finishing seminary I joined Dan, who was by then an A-6 pilot with a carrier-based squadron in Virginia Beach, VA. After ordination in the Presbyterian Church (USA) I, too, joined the Navy. Upon completing my chaplaincy training, I joined the crew of the USS LY SPEAR, a submarine tender home ported in Norfolk. Although we finally shared the same address, Dan and I saw little of each other in those years, as we were at sea on what seemed to be opposing rotations. However, our ships literally did pass within three miles of each other one night in the eastern Mediterranean when our units were both deployed in support of Operation Desert Storm. It remains a strangely comforting memory.

In late 1991 I was transferred to Guantanamo Bay,

About seven months later Dan was transferred to

old home on top of a hill overlooking both the

the decision that we would leave active military

service. I did so in the summer of 1993 when I

accepted a pastoral call to Faith Presbyterian

duty and joined us the following summer.

in Glendale that December, and Dan left active

more time at home with Jeremiah while Dan re-

neighborhood, Dove of the Desert UMC. Shortly

capacity. Thus began a delightful six and a half

variety of forms of ministry. I served as interim

pastor at Cross in the Desert UMC, taught special

education and middle school social studies in public

schools, studied and taught history at ASU, served as

a chaplain for Hospice of the Valley, and continued

to serve as a chaplain in the Navy Reserve until my

retirement in 2011. In 2013 the Conference contacted

me, asking if I would accept an appointment. I was

pleased to begin serving Velda Rose UMC that July.

Should the Board of Ordained Ministry recommend

formally transferring my ecclesiastical credentials to

Our son, Jeremiah is now a senior at Lewis and Clark

International Affairs and expects to complete minors

in Chinese and Economics as well. We are excited to

see what the next chapter in his life will bring. Dan is

now a CPA specializing in corporate tax work and

IRS consultation with Tull, Forsberg and Olson, an

blessings I have known. I am grateful for that which

has been, and look forward to that which lies ahead

As I share this personal history with you, I am

overcome with gratitude to God for all of the

it, and if it pleases Bishop Hoshibata, I anticipate

the Desert Southwest Annual Conference at next

College in Portland, OR. He is majoring in

accounting firm in central Phoenix.

as we join in ministry together.

vear's session.

Yours in Christ,

Pastor Joan Miller

years at Dove, and my, now long, association with

In the years since leaving Dove, I have engaged in a

thereafter I accepted an appointment to join the

attending a newly constructed church in our

pastoral staff in a part-time, soon full-time,

the Desert Southwest Annual Conference.

Cuba where I served as a staff chaplain on the base.

the A-4 squadron there and we enjoyed living in an

Caribbean Sea and the bay. We had already made

Church in Sun City, AZ. Our son, Jeremiah was born

After serving at Faith for three years, I left to spend

entered the work force as an accountant. We began

The Mustard Seed

July Calendar

June Repeat Events: **Other June Events:**

Wednesday, July 1, 8, 15, 22, 29

7:00 pm Putting God 1st AA, C6-7

Thursday, July 2, 9, 16, 23, 30

6:30 am Men's Bible Study, IHOP 6:00 pm AZ Messianic Dance, AC Cool Hands Choir, D22

Friday, July 3, 10, 17, 24, 31

5:30 pm Praise Band Practice, AC 7:00 pm Putting God 1st AA, C6-7

Saturday, July 4, 11, 18, 25

11:00 am Praise Band Practice, AC 6:00 pm AZ Messianic Dance, AC 7:00 pm Putting God 1st AA, C6-7

<u>\$unday, July 5, 12, 19, 26</u>

8:30 am Childcare for services. N 8:40 am Prayer Meeting, Chapel 9:00 am Jesus' Jumpstarts, Age 4-5, C3 God's Kids, Gr. K-2, D22 Jesus Rock Star, Gr. 3-5, D25 Traditional Worship, WC 9:15 am Youth "Hana Time" D23/24 10:30 am Contemporary Worship, <u>Tuesday, July 7</u> Children's Church. D22 Youth "Ignite", D23-24 3:00 pm AZ Messianic Dance, AC 7:00 pm Putting God 1st AA, C6-7 7:30 pm Godly World Worship, B11/12

Monday, July 6, 13, 20, 27

8:00 am Communicator and e-Communicator deadline 6:00 pm 853 Boy Scouts, AC, C6-7 6:30 pm 853 Cub Scouts, D22, D25 7:30 pm Victory Praise, C1-3

Tue**sday, July** 7, 14, 21, 28

7:00 pm Childcare, Nursery Pills Anonymous, all B bldg.

Wednesday, July 1 8:30 am First Day for Rev. Miller 9:00 - 11:00 am & 2:00 - 4:00 pm Staff Welcomes Rev. Miller in Office

Thursday, July 2 3:00 pm AZ Messianic Prayer, AC 7:00 pm Alzheimer's Support, B12



Sunday, July 5 2:00 pm Victory Praise, AC

9:00 am Morning Glories, Breakfast Dobson's Restaurant 6:30 pm Mission Committee, D22 7:00 pm Communication Comm. D25

Wednesday, July 8

Saturday, July 11

7:00 am Trustees, D22 7:15 am Emmaus, K, C4

Monday, July 13

AC: Activity Center; B: Music & Adult Ed. Bldg; C: Activity Center bldg; D: Youth Ed. Bldg; K: Kitchen; N: Nursery; WC: Worship Center (Sanctuary) P: Patio: pk: parking lot For the most up-to-date calendar, visit www.stmatthewmesa.org.

Monday, July 6 - Office Closed 5:30 pm Hospitality Committee, C4

7:00 pm Evangelism Committee, B12

7:00 am Emmaus, AC, K, C4, B bldg.

Other June Events:

Wednesday, July 15

8:00 am August Mustard Seed Newsletter Submissions Due mustardseed@stmatthewmesa.org

Thursday, July 16

7:00 pm Alzheimer's Support, B12 SPRC Meet, B11

Sunday, July 19

9:00 am Water Fun Day, D23-24 and grass area outside 2:00 pm Victory Praise, AC 2:30 pm 841 Girl Scouts, C6-7

Tuesday, July 21

6:30 pm Church Council, C4

Tuesday, July 28

8:30 am Week without Violence Task Force, D22

DON'T MISS - FUN DAY SUNDAY!!!!!

Sunday, July 19, 2015 from 9:00 a.m. - 12:00 noon, preschoolers through age 99. Be prepared to get wet!!!!! (very, very, wet) Wear swim wear, water shoes, bring a towel and change of clothes. Changing area provided. **ACTIVITIES:**

Inflatable waterslide, giant Jenga game, crab soccer, four square game, balloon ping pong, Water balloon tag, challenge who can get Saundria Cadiente the wettest. movie and popcorn inside, popsicles for ALL!!!!! **Ouestions - call the Church Office**

at 480-838-7309. **ACCEPTING DONATIONS OF**

BACK-TO-SCHOOL SUPPLIES FOR FOSTER KIDS AT HELEN'S HOPE CHEST.

See page 5 for donation list for Helen's.

Dessert Recipe: Fantastic Flan

Also known as creme caramel or caramel custard, Flan is a Western European dish. Its name is French, but the dish most of us in America call flan comes from Spanishspeaking countries. Each region has its own twist on the dessert. For egg yolks together in a medium example, in Mexico and Puerto Rico, some add 8 oz. cream cheese to the recipe, while Cubans add two eaa whites and cinnamon. We're sharing a fairly basic flan recipe, but feel free to experiment with variations of your own! This dessert can be served as a large pie and cut into slices, or baked as smaller, individual servings. It also holds shape, so feel free to experiment with different molds as well.

Ingredients

- 1/2 cup sugar
- 2 tablespoons water
- 2 large eggs •
- 3 large egg yolks
- 1/4 teaspoon lemon zest
- 2 teaspoons vanilla extract
- 1 can sweetened condensed milk
- 1 1/2 cups low-fat milk (about 1% or 2% fat)

Directions

Preheat the oven to 350 F.

2. Place a kitchen towel in the bottom of a large baking dish, and platter over the top of the cake place a 9-inch cake pan in the center.

3. Bring the sugar and water to a platter. Drizzle any extra caramel boil in a small saucepan, swirling the pan gently until the sugar has dissolved (about 3 minutes).

4. Reduce to a simmer and cook, just repeat steps 3 and 4 of the swirling the pan occasionally (but not actually stirring) until the mixture has caramelized and turned a deep mahogany color (7 to 10 minutes).

5. Slowly pour the caramel into the 9-inch cake pan. Let caramel cool until slightly hardened.

6. Bring a large saucepan of water to boil.

7. Meanwhile, whisk eggs and bowl until combined, about 1 minute. Whisk in the zest, vanilla extract, condensed milk, and lowfat milk.

8. Pour the mixture into the cake Dan Turner pan, then transfer the roasting pan Audrey Whitehurst with the cake pan inside to the oven. Pour the boiling water into the roasting pan until the water reaches halfway up the side of the cake pan.

9. Bake for about 30 to 40 minutes, or until the custard has just barely set and is no longer sloshy. You want the center of the custard to be 170 to 175 degrees. Don't worry if the flan hasn't entirely set, it will finish setting during cooling.

10. Remove the roasting pan from with any questions the oven and transfer the cake pan to a wire rack and let cool for Thank YOU!!! about 2 hours.

wrap and refrigerate until the custard is completely chilled (between 2 hours and up to 24 hours).

12. Run a knife around the edge of the cake pan to loosen the custard, then invert a large serving pan. Holding both the plate and pan, flip the custard over onto the sauce over the top of the flan and serve. (You may want to make extra caramel sauce for the flan, recipe to create more).

Enjoy!

Recipe adapted from El Boricua

Prayer List

Please include these members of our St. Matthew family in your

provers: Anne Dutton Lindsav Dutton Eamigh family Andy Lim



The Mustard Seed

CP Morriss Jal Morriss Jan Morrow Schmitt family

If you have a prayer request, please fill out one of the prayer cards found in the pew and place it in the offering plate.

You can also email requests to office@stmatthewmesa.org. Names will stay on the list for three weeks unless your prayer request is renewed.

If you need confidential, personal care, this church can provide you with a Stephen Minister. Contact the church office at 480-838-7309

A huge Thank You to Debra 11. Wrap the cake pan with plastic Landry for going to the hardware store to purchase the paint needed to repaint Pastor Joan's new office.

Thank YOU!!! A... humongous

Thank You to Jim Barle for taking the time to come into the office to

share his talent of painting. Pastor Joan's new office looks so fresh, clean and very

Thanks again for a painting job well done!

The Mustard Seed

July 2015 Sermon Plan

July 5 - Sixth Sunday after Pentecost

1 Corinthians 11:23-26 (NRSV) Text: Title: "The Best Invitation" Theme: Communion

July 12 - Seventh Sunday after Pentecost

1 Thessalonians 1 (The Message) Text: "What Every Church Should Be" Title: Theme: Introduction to Paul's first letter to the Thessalonians. This is a pastoral letter to encourage new Christians.

July 19 - Eighth Sunday after Pentecost

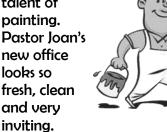
Text:	1 Thessalonians 2:1-12
	(Contemporary English Version)
Title:	"An Encouraging Word"
Theme:	How do we provide encouragement to one another?

July 26 - Ninth Sunday after Pentecost

Text:	1 Thessalonians 3:6-4:3a (NRSV)
Title:	"Walking with God"
Theme:	Living as Christians

Lay Leader Notes

Dear St. Matthew Church family and friends, Gary and I are fortunate enough to be in Great Britain again this summer and are attending the its midst while reaching out to the greater same Methodist church we first found three years community, both nearby and abroad. We are ago - Bethesda. There are some interesting similarities and differences between our two congregations. We found that the most significant I leave you with an excerpt from the "Outreach" similarity is that Bethesda is also a welcoming faith (the church magazine): community as is St. Matthew and has made us feel Breathe into us, Lord Jesus, and teach us to sing, a part of the family. People have gone out of their to worship, with every breath, way to greet us (by name) beginning the first and to live the inspiration that is Your resurrection. Sunday. As I was walking in the neighborhood one John van de Laar, author day, I (unexpectedly) heard someone call my name The Bethesda website is: bethesda-church.ora.uk One of Bethesda members (Christine) stopped to Blessings, have a chat, a most welcome outreach. **Betsy Hertzler** Bethesda publishes a monthly magazine (both in Barb Hedges, Co Lay Leaders print form and online) that is quite extensive. It includes items from their church council in the areas P.S. A hearty welcome to Joan and Dan of "stewardship", "property matters", and "finance as Joan has assumed her role as our matters" - all familiar themes. One thought-Senior Pastor! provoking ministry that they have emphasized is that of Pastoral Visitors, a group that includes a training program conducted by the two pastors.



Because of a lack of Methodist clergy, smaller churches such as Bethesda share their clergy with at least one church so Pastoral Visitors are a vital part of staying in touch with the congregation and potential members. The church is very aware that their demographics (like ours) are such that a vibrant outreach program is part of what needs to happen to ensure the ongoing vitality of the church. Although Bethesda has a congregation of about 100, the weekly bulletin includes opportunities for involvement ranging from manning a Saturday morning coffee shop to acquaint the neighborhood with the church, a Bible study, a Leadership Group and "Pop in for Prayer".

Although considerably older than St. Matthew (Bethesda was founded in 1845), they are working hard to keep themselves current and use technology in areas of communication and projecting the hymns and order of worship on a screen (which is located off to one side). Bethesda rightfully prides themselves for winning national recognition for being an "eco congregation", which includes the use of solar panels (another similarity).

As I've had an opportunity to become better acquainted with some of the members at this delightful church, I've noticed that they are also a congregation of "relationship" rather than one of "location" as most members have driven into church from another part of town (Cheltenham). Although we don't recognize the hymns, we are struck by the presence of a vibrant faith family that uplifts those in blessed to be part of this experience as we enjoy our stay in the homeland of the founder of Methodism.

Job Openings:

- **1. Sanctuary Choir Director** This job description is posted on the church website at www.stmatthewmesa.org
- 2. Sunday School Teacher and/or **Co-ordination** At this time there is no job description for this position.

If you are interested or know someone that may be interested, in either of these positions please contact Debra Landry at debra.landry2356@gmail.com or call 480-540-2726.

United Methodist Women Morning Glories

During the summer months, meet on the first Tuesday, on July 7, and August 4 at 9:00 a.m. for breakfast and fellowship at: Dobson's Restaurant - 2155 S Dobson Rd. in Mesa, AZ. Please arrive on time as we do begin promptly at 9:00 a.m. Please R.S.V.P. to:

Susan Mann Patterson at 480-684-0275 or contact Karen Anderson at 480-892-2082. ALL women are welcome to attend, bring a neighbor, friend or family member with you!

UMOM Friday Night Dinners

There are still a few openings to serve our friends at UMOM during July and August. Please prayerfully consider this opportunity to make a difference and encourage others. The sign up sheet is on the Chat Table on the patio or please call Ginny Smythe at 480-892-8083 for more information.

Mesa Hydrates through September

Please donate bottled water to help the homeless and unsheltered during the summer. Help the vulnerable during triple digit heat by supporting the MESA Hydration Donation Campaign. Cases of bottled water can be dropped off in the church office during regular business hours Monday through Thursday. You may also bring cases of water to donate on Sunday morning and leave them in the narthex for pickup later in the week. There is also a flier on the outside bulletin boards with more locations where you can drop off your water donations. Thank you for your support.

Back to School Drive

Dear St. Matthew Angels,

Once again St. Matthew's Sunday School is sponsoring our annual Back to School Drive. The purpose of this project is to show God's love to the children serviced by the Wesley Golden Gate Community Center and UMOM. All supplies donated will be taken to the Wesley Golden Gate Community Center and UMOM for distribution before the beginning of the new school year. All supplies

must be brought to St. Matthew on or before

Sunday, July 12. Boxes will be placed in the narthex for your donations. Please see the flier at the church for a hard copy of the list of requested items. Your support means so much to these children, especially this year as many school districts have reduced funding for school supplies. Children will begin the new school year with renewed hope and new school materials thanks to your love and care. You are God's eyes, ears, hands and feet. Thank you for your support and participation. Questions? Please see Warren Envart or call the church office at 480-838-7309.

Supplies Needed:

Backpacks (Critical Need), Binders (1", 3 ring), 24 count Crayola Crayons, Crayola Markers, Calculators (simple), Erasers, Folders, Glue Sticks, Pencil Cases, Pencils, Pencil Erasers, Pocket Folders, Rulers: 12", Scissors and Wide-lined Notebook Paper.

Also Needed:

Children's books for home libraries, Gently used Clothing, Hygiene items such as soap, shampoo, toothpaste, toothbrushes, combs, and deodorant, etc. Non-perishable food items, sock and underwear for ages 5 - 15 (all sizes).

Wesley Donations

Sewing Donations Needed - Wesley has weekly sewing classes, coordinated and taught by volunteers (thanks to the Sun Lakes UMC volunteers among others), will not meet during the summer, but will begin again in the fall. Donations of fabric, notions, etc., are most welcome. The contact at WCC for those items is Betty Mathis.

For more information, please call her at her direct office line: 602-252-5624.



It's Here: Back to School Drive for Helen's From mid-July through August 24, we'll be putting up our hope chest in the narthex so it's easy to put your donations for Helen's Hope Chest inside. We always have our bin in the entrance to the activity center for year round donations. For those new to our church, Helen's is an organization that supplies clothing to foster children in a boutique-like setting. These clothes are free to the children. Volunteers are there to help the children make their selections. These volunteers also sort the clothing, wash it and iron it as well as arrange it in the "store". Helen's needs clothing new and gently used from 0 to 18 years of age as well as toiletries, games, toys, books, new underwear and socks. For more information email Lin Leivian at: Leivian@cox.net.

Imagine No Malaria

Dear St. Matthew UMC of Mesa, Thank you for your gift of \$100.00 to Imagine No **East Valley Men's Shelter** Malaria supporting the UMC commitment to The Missions Committee is eliminate malaria as a major source of death and working to provide a place for suffering in Africa by 2015. Your support serves as an service in the East Valley as example of how we are living Christ's call to heal the requested by several members. sick and help those in need. We have tentatively signed up Imagine No Malaria includes continued bed net to provide 180 sack lunches on distributions, community education programs with the 2nd and 4th Sunday each medical outreach training, radio communications month.

programs reaching remote areas with vital information, and programs that strengthen clinics and hospitals to better diagnose and treat malaria Thank you for your generosity. Please continue to pray for our work and those we serve. Peace and Jov!

Bishop Thomas J. Bickerton Chair, UMC Global Health Initiative. Your contribution is tax deductible to the extent allowed by the law. No goods or services were provided in exchange for this donation.



The Mustard Seed

United Methodist Women Mission u - July 17 and 18

First United Methodist Church 5510 N. Central Avenue Phoenix, Arizona

Mission u is an opportunity to study current issues impacting society based on recent mission study topics.

Mission u is open to members and non-members of United Methodist Women.

This year's studies are: Created for Happiness: Understanding Your Life in God;

- Latin America: People and Faith; and The Church and People with Disabilities.
- At Mission u: Learning Together for Transformation of the World you arow in understanding of the mission of the church in the current world context. The studies give particular attention to the
- responsibilities of women in the fulfillment of the mission work of the church.
- Registration forms and more information available online at: desertsouthwestconference.org/mission-u

Missions - UMOM Friday Night Dinners

Thank you to the following groups for serving in June: Maureen and Paul Jobe (2).

Jane and Ginny Smythe All the Friday nights in July and August are open. Please consider this opportunity to serve others. Sign up sheets are on the Church Chat table or call Ginny Smythe at 480-892-8083.



A group of 8 to 10 people can accomplish this in less than 2 hours. All ingredients will be provided up to

\$2,000 through the Ignite Ministry. Sunday, June 28 the lunches will be donated by Ben Furlong in memory of Leroy Livingston's dad, Shorty Livingston. Sian up sheets are on the Church Chat table. Please give your feedback to the Mission Committee. We are open to your suggestions. Ben Furlong, chair, 480-993-3333.



